



2022 TREADMILL COMPARISON

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3G Cardio Elite Runner

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Peloton Tread 3500

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3G Cardio 80i Fold Flat

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Bowflex T10

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Life Fitness Club 95T

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OMA 6134EAI

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3G Cardio Pro Runner

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Echelon Stride

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Life Fitness T3 Track

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Nordic Track Commercial 1750

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Sole F80

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Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Overall Rating & Value: 50 - 100	95	92	91	88	87	85	84	79	78	71	Coming Soon
Awards	HIGHEST RATED	BEST TECH	BEST BUY	—	BEST UNDER \$1500	—	—	—	—	—	—
Country of Manufacture	Taiwan	Taiwan	China	Taiwan	China	China	Taiwan	China	Taiwan	China	Taiwan
Selling Price (actual price we paid)	\$3,799	\$2,495	\$1,599	\$7,890	\$1,449	\$1,699	\$1,999	\$1,299	\$3,729	\$1,599	\$1,599
Overall Child & Pet Safety	Good	Good	Good	Good	Good	Good	Good	Good	Fair	Good	
Safety Catch Bar?	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	No	Yes	
If No Catch Bar, Height Below Rear Roller	N/A	N/A	3.5"	N/A	N/A	N/A	N/A	N/A	4.75"	N/A	

PERFORMANCE RATINGS

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Performance Ratings	A	A+	B	A	B	C	A	B	C-	C	TBD
Interval (H.I.T) Capable?	Yes	Yes	Slow	A little slow	No	Slow	Yes	Yes	Slow	Yes	
Acceleration Test (2MPH - 8MPH)	12.5 Seconds	10 Seconds	38 Seconds	15 Seconds	18 Seconds	31.23 Seconds	11 Seconds	12 Seconds	27 Seconds	14 Seconds	
RPM at 6 MPH Speed	47.5	51.5	54.3	49.2	49.3	49.7	51.3	54	50.1	48.3	
RPM at 6 MPH (Loaded 270 lbs)	46.8	51.4	54.2	48.9	48.5	49.1	51	52.9	48.3	45.5	
True Speed at 6 MPH (no load)	5.86 MPH	6.06 MPH	6.02 MPH	6.07 MPH	5.96 MPH	5.98 MPH	5.83 MPH	5.86 MPH	6.09 MPH	5.88 MPH	
True Speed % @ 6 MPH (no load)	97.67%	101.00%	100.33%	101.17%	99.33%	99.67%	97.17%	94.83%	101.50%	98.00%	
True Speed at 6 MPH (Loaded 270 LB)	5.78 MPH	6.05 MPH	6.01 MPH	6.03 MPH	5.86 MPH	5.91 MPH	5.80 MPH	5.69 MPH	5.87 MPH	5.54 MPH	
True Speed % at 6 MPH (Loaded 270 lbs)	96.33%	100.83%	100.17%	100.50%	97.67%	98.50%	96.67%	94.83%	97.83%	92.33%	
True Speed Rating (Accuracy of MPH)	B	A	A	A	A	A	B	C	A	A	
True Speed Loss Rating (Loaded 270)	B	A	A	A	A	A	B	C	A	D	
Rated for Commercial Environment?	Yes	No	No	Yes	No	No	No	No	No	No	
Walking Belt Diameter	41.48"	39.57"	37.26"	41.48"	40.61"	40.45"	38.22"	37.26"	40.84"	40.92"	
Actual Full Length of Treadmill Belt	130.25"	124.25"	117"	130.25"	127.5"	127"	120"	117"	128.25"	128.5"	



OVERALL COMFORT & DESIGN (EXPERT TESTED)

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
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Awards	HIGHEST RATED	BEST TECH	BEST BUY	—	BEST UNDER \$1500	—	—	—	—	—	—
Overall Comfort & Design (Expert Tested)	A	B	B	A	B	C	B	C	B	D	
Cushioning & Feel (Letter Grade)	A	C-	A	A	B	B	B	C	B	C	
Handlebar Placement	A	A	B	A	C	A	A	C	C	C	
Angle of Electronics (Upper Display)	A	A	A	A	B	B	A	A	B	C	
Height of Upper Display (Watch TV)	A	A	A	B	A	A	A	A	B	B	
Distance To Keypad While Walking	B	C	B	B	B	A	B	C	D	B	
Motor Cover Height From Belt	B	A	B	B	D	C	A	B	B	C	
Side Rail Platforms (While Straddling Belt)	A	A	B	A	C	C	B	C	A	C	
Reflective Glare In Upper Console?	A	C	C	B	C	C	A	C	C	C	
Ease of Folding (If Applicable)	N/A	N/A	A	N/A	A	B	A	A	N/A	B	
Noise Level?	B	A	A	C	B	B	A	B	A	C	
Treadmill Stability (General Notes)	A	A	B	B	A	B	B	C	A	B	
Easy To Read Electronics	B	A	B	A	B	B	B	B	A	B	
Easy To Push Buttons While Walking	B	B	C	A	B	C+	B	B	A	C	
Feel Of Belt (Texture) General Notes	A	A	B	A	A	B	A	B	B	D	
Ease Of Adjusting Belt (Rear Rollers)	A	A	A	A	A	A	A	A	A	A	
Ease of Rolling Around (Wheels)	C	B	A	C	B	C	B	A	B	A	
Screws To Remove Motor Cover	9	N/A	5	6	6	4	4	10	4	5	
How Many Buttons To Start Belt?	1	4	1	1	4	2	1	2	1	3	



BUYING EXPERIENCE

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Overall Rating & Value: 50 - 100	95	92	91	88	87	85	84	79	78	71	Coming Soon
Awards	HIGHEST RATED	BEST TECH	BEST BUY	—	BEST UNDER \$1500	—	—	—	—	—	—
Buying Experience	A	C	A	B	A	A	A	A	A	A	
Purchased From:	3gcardio.com	Peloton.com	3gcardio.com	AtHomeFitness.com	Amazon	Amazon	3gcardio.com	Amazon	AtHomeFitness.com	Amazon	
Time From Purchase To Delivery	N/A*	2 Months	N/A*	N/A*	8 Days	7 Days	N/A*	6 Days	N/A*	7 Days	

ASSEMBLY EXPERIENCE (DONE BY OUR TECH)

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Quality Of Assembly Instructions	A	A	A	A	C	A	A	A	A	B	
Quality Of Packaging	A+	B (3 boxes)	A	A	B	C	A+	A	A	A	
Any Adjustments Needed Out Of Box?	No	No	No	No	No	No	No	No	No	Yes (Belt Loose)	
Lubrication Needed Out Of Box?	No	No	No	No	No	No	No	No	No	No	
Recommended Lubrication Intervals	1 -2 Times Per Year	Not Disclosed In Manual	1 -2 Times Per Year	90 Days (Club Use)	3 Months 25 Hour	Not Disclosed In Manual	1 -2 Times Per Year	Not Disclosed In Manual	Timer Built In	Not Disclosed In Manual	
Ease Of Lubricating Treadmill	Medium To Easy	Challenging	Easy	Easy	Easy	Easy	Easy	Easy	Easy	Easy	
Maintenance Required Yearly?	Lubrication Required	Lubrication Required	Lubrication Required	Lubrication Required	Lubrication Required	Lubrication Required	Lubrication Required	Lubrication Required	Lubrication Required	Lubrication Required	

CUSTOMER SERVICE (CS)

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Customer Service (CS)	A+	A-	A+	C	B-	F	A+	D	B	D-	
Time Needed To Talk To Live CS Person	1st Try / 1 Minute	1st Try / 1 Minute	1st Try / 1 Minute	1st Try / 8 Minutes	1st Try / 2 Minutes	Nobody To Talk To	1st Try / 38 Second	1st Try / 2 Minutes	1st Try / 8 Minutes	1st Try / 22 Minutes	
Did Customer Service Answer Basic Questions?	Yes	No - Tech Call Back	Yes	No - Tech Call Back	Yes	No - Email Only	Yes	No - Tech Call Back	No - Tech Call Back	No - Told To Look In Manual	
Overall Attitude of CS Representative	Very Good	Pleasant	Very Good	Tired	Very Good	Contact Via Email Only	Very Good	Good	Tired	Pleasant	
If On Site Service Is Needed?	Send Parts And Tech	Send Parts And Tech	Send Parts And Tech	Send Parts And Tech	Send Parts And Tech	Unable To Repair	Send Tech	No Labor Warranty	Send Parts And Tech	Send Parts And Tech	
Ease Of Initiating On Site Service / Labor	Easy - 5 Days	Easy - 1-3 Weeks	Easy - 5 Days	Medium - 5 Days	Medium - 1-2 Weeks	No On Site Service Available	Easy - 5 Days	Parts Warranty Only	1-3 Weeks For Parts/Tech	1-3 Weeks For Parts/Tech	
Ease Of Communicating With Company	Great	Reasonable	Great	Medium - Long Holds	Decent	Email Only - 24 Hours	Great	Poor - CS No Help	Medium - Long Holds		
CS Based in USA?	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	



IMPORTANT ITEMS

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Overall Rating & Value: 50 - 100	95	92	91	88	87	85	84	79	78	71	Coming Soon
Awards	HIGHEST RATED	BEST TECH	BEST BUY	—	BEST UNDER \$1500	—	—	—	—	—	—
Adjustable Stabilizer Feet?	Yes	Yes	Yes	Yes	No	No	Yes	No	Yes	No	
Time Needed To Remove Motor Cover	Less Than 2 Minutes	No Motor Cover	Less Than A Minute	45 Seconds	Less Than A Minute	Less Than A Minute	Less Than A Minute	Less Than A Minute	30 Seconds	Less Than A Minute	
Starting Treadmill Speed	0.5 MPH	1 MPH	0.6 MPH	0.5 MPH	1 MPH	0.3 MPH	0.5 MPH	0.5 MPH	0.5 MPH	1 MPH	
Cord Length And Location	72"	104"	78"	135"	72"	75"	72"	81"	70"	79"	
On / Off Toggle Switch?	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Actual Length Of Usable Belt Area	61.5"	61"	56.75"	61.75"	62.75"	60.5"	58"	55.75"	61.75"	61.5"	
Entire Length Of Walking Belt	130.25"	124.25"	117"	130.25"	127.5"	127"	120"	117"	128.25"	128.5"	

SOUND MEASUREMENTS

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Sound Level	B	B	A+	C+	A	B	A+	B	A	C	
General Sounds Of Treadmill	Good	Good	Quiet	A Little Noisy	Good	Good	Quiet	Good	Quiet	A Little Noisy	
Decibel Audio Levels	62	62	56	69	58	61	55	62	58	70	

FRAME

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Folded Dimensions	Non-Folding	Non-Folding	39" L x 33" W x 70" H	Non-Folding	44.5" L x 39.6" W x 70" H	55.2" L x 36.4" W	40" L x 35" W x 65" H	69.3" x 31" x 10.25"	Non-Folding	39.5" x 40.6" x 75.25"	
Assembled Dimensions	84" L x 35.5" W x 58" H	68" L x 33" W x 62" H	74" L x 33" W x 49" H	83" x 37" x 63.5"	85" L x 39.6" W x 65.5" H	75.8" L x 36.4" W x 69.7" H	74" L x 35" W x 58.5" H	69.3" x 31" x 49.2"	79.5" L x 34.5" W x 57.5" H	81.25" L x 39.25 x 62.75 H	82" L x 37" W x 66" H
N.W. / G.W. (LBS)	386 LBS / 430 LBS	290	225lbs	425 LBS / 505 LBS	323 Lbs.(net)	231 Lbs(net)	216 LBS / 247 LBS	156 Lbs.	243 LBS	339 Lb/ 346 Pounds	278 LBS
Max User Weight	400 LBS	300 LBS	325 LBS	400 LBS	400 LBS	300 LBS	350 LBS	300 LBS	350 LBS	300 LBS	375 LBS
Boxed Dimensions	90.6" L x 38.2" W x 17.3" H	72.5" L x 32.5 W x 72" H	81" L x 36" W x 11" H	87" L x 43" W x 26" H	89" L x 35" L x 18" H	—	78" L x 35" W x 14.5" H	—	—	78.8" x 63" x 39.2"	86" L x 38" W x 17" H



MOTOR

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Overall Rating & Value: 50 - 100	95	92	91	88	87	85	84	79	78	71	Coming Soon
Awards	HIGHEST RATED	BEST TECH	BEST BUY	—	BEST UNDER \$1500	—	—	—	—	—	—
Horsepower	4.0 HP	3.0 HP	3.0 HP	4.0 HP	4.0 HP	3.5 HP	3.0 HP	1.75 HP	3.0 HP	3.75 HP	3.5 HP
DC/AC	DC	DC	DC	AC	DC	DC	DC	DC	DC	DC	DC
Power Requirements	110v 15 Amp	110v 15 Amp	110v 15 Amp	120v Dedicated / 20 Amp	110v 15 Amp	110v 15 Amp	110v 15 Amp	110v 15 Amp	110v 15 Amp	110v 15 Amp	110v 15 Amp

DECK

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Deck Coating	Phenolic	Can't access Top of deck	Phenolic	Phenolic	Yes	Yes	Phenolic	Dry	Phenolic	Dry	Phenolic
Deck Height (Floor to top of belt)	7.5"	8"	5.5"	10"	10"	8"	6.5"	5 1/4"	6.5"	10"	
Deck Height Full Incline (front of belt)	15.5"	14"	10.5"	19"	18"	15.5"	11"	11"	14.5"	17.5"	

BELT

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Single Ply / 2-Ply / 4-Ply Orthopedic(3-Ply)	Orthopedic 4 Ply	Standard 2 Ply	2 Ply Standard Belt	Seigling E8 Multi Ply	Comfort Tech™ Deck	2 Ply Standard Belt	Orthopedic 4 Ply	2 Ply Standard Belt	2 Ply Standard Belt	Runners Flex™ Cushioning, 2-ply belt	
Belt Dimensions	22" x 62"	59in x 20in	18.5" x 58"	22" x 60"	22" x 60"	60" L x 20" W	20.5" x 58"	55" x 20"	20" x 60"	22" x 60"	22" x 60"

ROLLERS

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Diameter / Size	3" rear roller	2" rear roller	2" rear roller	3.5" rear roller	3" rear roller	2.5" rear roller	2" rear roller	2" rear roller	2.25" rear roller	2.5" rear roller	2.5" rear roller
Crowned Rollers	No	No	No	3.5" Crowned	crowned rollers	crowned design	No	No	No	No	No

INCLINE MOTOR

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Incline Motor Warranty	10 years	5 years	5 years	1 year	5 years	1 year	5 years	—	—	—	5 years
Thrust Rating (lbs)	—	—	—	—	—	—	—	—	—	—	—



UPPER DISPLAY ELECTRONICS

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
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Awards	HIGHEST RATED	BEST TECH	BEST BUY	—	BEST UNDER \$1500	—	—	—	—	—	—
Manual/Quick Start Programs	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pre-Set Programs	8	Membership Required	Yes	Yes	Yes	Yes	8	Yes	Yes	Membership Required	Yes
Custom Programs	Yes	Membership Required	No	—	Yes	Yes	Yes	No	Yes	Membership Required	Yes
Heart Rate Programs	Yes	Membership Required	Yes	Yes	Yes	Yes	Yes	No	Yes	Membership Required	Yes
Cool Down Program	Yes	Membership Required	Yes	Yes	No	No	Yes	No	Yes	Membership Required	Yes
Fitness Test Programs	Gerkin / Cooper / BMI	Membership Required	Yes	Yes	No	No	Gerkin / Cooper / BMI	Yes	Yes	Membership Required	
Wireless Heart Rate Receiver	Yes	Membership Required	No	Yes	No	No	Yes	No	Yes	Membership Required	Yes
Heart Rate Interactive	Yes	Membership Required	No	Yes	Yes	No	Yes	No	Yes	Membership Required	Yes
Wireless HR Chest Belt Included	Yes	Membership Required	No	Yes	No	No	No	No	Yes	Membership Required	Yes
Contact Heart Rate	Yes	Membership Required	Yes	Yes	Yes	No	Yes	Yes	Yes	No	Yes
User Profiles	Y2	Membership Required	1	No	4	0	2	3	4	5	
Console	Low Glare Matte Finish™ Console	23.8in HD Touchscreen 2.5 GHz Qualcomm QCS605 Processor	LED Foldable	No Glare / Matte Finish	10 inch (25.4 cm) Interactive Console	Black/White Dot Matrix LED Display	Low Glare Matte Finish™ Console	18.5" Digital Touch Console, Tablet Holder	Shiny Black	10-inch Interactive HD Touchscreen, Dual 2.4 GHz and 5 GHz Wi-Fi Networking	9.0" LCD White Back Lit
USB Audio Speakers	Yes	Yes	Yes	No	Yes	Bluetooth Connectivity	No	Bluetooth, USB Charging Port	No	Yes	
Built-In Fan	Yes	No	No	Non-Folding	Yes	No	Yes	No	No	Fans feature three power options and an auto-setting	
Speed Range	0.5 MPH - 12 MPH	0.5 MPH - 12 MPH	0.5 MPH - 12 MPH	0.5 MPH - 14 MPH	0.5 MPH - 12 MPH	0.5 MPH - 12 MPH	0.5 MPH - 12 MPH	0.5 MPH - 12 MPH	0.5 MPH - 12 MPH	0.5 MPH - 12 MPH	0.5 MPH - 12 MPH
One-Touch Speed	2-3-4-6-8 MPH	Three Speed Settings (Screen), Speed Knob, Jump Button 1 MPH	2-4-6-8-10	2 - 4 - 6 mph	123579 12	2 MPH, 5 MPH, 7 MPH, 10 MPH	2-3-4-6-8 MPH	3, 6, or 9 Kilometers (1.8 MPH, 3.7 MPH, and 5.6 MPH)	Customizable	1 2 3 4 5 6 7 8 9 10 11 12	
One-Touch Incline	2-4-6-8-10-12%	3 Incline Settings (Screen), Incline Knob on Side, Jump Button 1%	3%-6%-9% 12%-15%	No Presets	-5, 0, 3, 6, 9, 12, and 15	3%, 5%, 8%, and 12%	2-4-6-8-10%	Level 3, 6 or 9(?)	Customizable	-3 -2 -1 0 1 2 3 4 6 8 10 15	
Incline Range	0 - 15 Levels	.5% - 12.5%	0% - 15%	0% - 15%	-5% to 15%	0% and 15%.	0 - 15 Levels	0 - 12 Levels		-3 to 15 %	0 - 15 Levels
Bluetooth	No	Bluetooth® 5.0 connectivity	No	No	Yes	Yes, Kinomap and AnyRun Apps	No	Yes	Yes	Yes	Yes
MP3 Function	Yes	3.5 mm Headphone Jack	No	No	No	No	No	No	No	No	



BIO-MECHANICS

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Overall Rating & Value: 50 - 100	95	92	91	88	87	85	84	79	78	71	Coming Soon
Awards	HIGHEST RATED	BEST TECH	BEST BUY	—	BEST UNDER \$1500	—	—	—	—	—	—
Shock Absorption System	OrthoFlex Suspension™		6 Point Shock System	Flex Deck™			OrthoFlex Suspension™	Elastomer	Flex Deck™		

RESIDENTIAL WARRANTY

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Drive Motor	Lifetime	5 Years	Lifetime	1 Year	15 Years	1 Year	Lifetime	1 Year	10 Years	Lifetime	Lifetime
Frame	Lifetime	5 Years	Lifetime	1 Year	15 Years	5 Years	Lifetime	1 Year	Lifetime	10-Year Frame Warranty (Found lifetime other places)	Lifetime
Parts	10 Years	12 Months	5 Years	7 Years	5 Years	2 Years	5 Years	1 Year	5 Years	2-Year Parts Warranty	5 Years
Electronics	10 Years	12 Months	5 Years	1 Year	1 Year	2 Years	5 Years	1 Year	3 Years	2-Year Parts Warranty	
Labor	2 Years	12 Months	1 Year	1 Year	2 Years	None	1 Year	1 Year	1 Year	1 Year Labor Warranty	2 Years

COMMERCIAL WARRANTY

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Warranted Max Hours Per Day	8 Hours Per Day	N/A	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A
Drive Motor	5 Years	No Commercial Warranty	No Commercial Warranty	1 Year	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty
Frame	5 Years	No Commercial Warranty	No Commercial Warranty	1 Year	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty
Parts	5 Years	No Commercial Warranty	No Commercial Warranty	7 Years	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty
Labor	1 Year	No Commercial Warranty	No Commercial Warranty	1 Year	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty	No Commercial Warranty

SUBSCRIPTION

Brand & Model	3G Cardio Elite Runner	Peloton Tread 3500	3G Cardio 80i Fold Flat	Life Fitness Club 95T	Bowflex T10	OMA 6134EAI	3G Cardio Pro Runner	Echelon Stride	Life Fitness T3 Track	Nordic Track Commercial 1750	Sole F80
Required?	No Extra Cost	Yes	No Extra Cost	No	Yes, Journey	No Extra Cost	No Extra Cost	Yes, United App	No Extra Cost	Yes	N/A
Cost Per Month	\$0	\$39	No	No	\$149 / Year	No	No	\$39.99	No		



GLOSSARY

TREADMILL COMPARISON

Overall rating and value 50 - 100: Our overall master rating for each treadmill based on all criteria in our research.

Country of manufacture: Where the treadmill is manufactured?

Selling price (actual price we paid): This is the price that we paid for the treadmill.

Overall child and pet safety: Our opinion as to how safe this treadmill would be in a room with small children and pets.

Safety catch bar? Does the treadmill have a protective bar below the rear roller to prevent small children and pets from being dragged under?

If no - height below rear roller: If no bar exists then how much clearance is between the bottom of the rear roller and the floor?

PERFORMANCE RATINGS

Performance Ratings: Our overall rating for each treadmill based on the criteria in this segment.

Interval (H.I.T) capable? Is this treadmill capable of changing speeds fast enough to make it possible to do interval training?

Acceleration test (2 MPH - 8 MPH): In seconds, the duration in which it takes each treadmill to accelerate from 2 MPH - 6 MPH.

RPM at 6 MPH speed: Rotations per minute of the walking belt at a speed of 6 mph.

RPM at 6 MPH (Loaded 270 lbs): Rotations per minute of the walking belt at a speed of 6 mph with a person using the treadmill weighing 270 lbs.

True speed at 6 MPH (no load): The actual speed of the walking belt when the upper display panel reads 6 mph.

True speed % @ 6 MPH (no load): Accuracy (percentage) of the treadmill walking belt speed at 6 mph. 100% Rating = 100% accuracy.

True speed at 6 MPH (loaded 270 LB): The actual speed of the walking belt with a person weighing 270 lbs when the upper display panel reads 6 mph.

True speed % at 6 MPH (loaded 270 lbs): Accuracy (percentage) of the treadmill walking belt speed at 6 mph with a person using the treadmill weighing 270 lbs. 100% Rating = 100% accuracy.

True speed rating (accuracy of MPH): Our overall rating based on each treadmill's ability to accurately perform at a set speed; both with and without a 270 lb person.

TRUE speed loss rating (loaded 270): Our overall rating based on the amount of speed loss detected with a 270 lbs user.

Rated for commercial environment? Is this treadmill actually designed and warranted for use in a commercial environment (non residential)?

Walking belt diameter: This is the diameter of the walking belt

Actual full length of treadmill belt: This is the actual overall length of the walking belt if cut in half and then laid out end to end.

OVERALL COMFORT & DESIGN (EXPERT TESTED)

Overall Comfort & Design (expert tested): Our overall rating for each treadmill based on the criteria in this segment.

Cushioning and feel (letter grade): This is our grade based on the feel of the belt, deck, suspension and overall strength of the treadmill.

Handlebar placement: This is our grade based on the comfort and positioning of the main handlebars of the treadmill

Angle of electronics (upper display): This is our grade based on the angle of the upper display. A better grade is the result of a better angle for a user to see and read the treadmill electronics.

Height up upper display (watch TV): This is our grade based on the overall height of the upper display. A giant console that blocks line of site into the room will result in a lower grade.

Distance to keypad while walking: This is our grade based on the ability of an average sized user to reach and press buttons on the upper display. A harder to reach console will result in a lower score.

Motor cover height from belt: This is our grade based on the height of the motor cover and the likelihood that someone may accidentally kick it while in use.

Side platforms (while straddling belt): This is our grade based on the quality of design for the side rails. Grade will take into account the width, texture and stability.

Reflective glare in upper console? This is our grade based on the annoyance of the glare in the upper display. Light reflections bouncing up and down are annoying to see while exercising. Trust us!

Ease of Folding (if applicable): This is our grade based on the ease of folding the treadmill up and down. Factors include how much strength is needed and ease of locking and unlocking.

Noise level? This is our grade based on the overall decibel noise level. We tested it using an Android app near the motor cover.

Treadmill stability (general notes): This is our grade based on the overall sturdiness of the treadmill. We took into account any vibrations, shaking and our overall confidence in the machine.

Easy to read electronics: This is our grade based on how easy the upper display electronics are to read while using the treadmill.

Easy to push buttons while walking: This is our grade based on how easy the buttons are to interact with while using the treadmill.

Feel of belt (Texture) Gen notes: This is our grade based on the actual material feel of the top side of the belt. Does the belt feel textured, slippery, cheap etc?

Ease of adjusting belt (rear rollers): This is our grade based on how easy it is to adjust the walking belt by way of the rear rollers. All treadmills will periodically require this adjustment and it should be easy!

Ease of rolling around (wheels)? This is our grade based on how easy it will be to roll the treadmill around the room. Factors include the overall weight and size of the machine.

Screws to remove motor cover: How many screws does it take to remove motor cover. Removing the motor cover and vacuuming out dust is part of annual recommended service.

How many buttons to start belt? How many buttons need to be pressed to start a manual workout.

BUYING EXPERIENCE

Buying Experience: Our overall grade based on our buying experience for each treadmill

Purchased from: Where did we make our purchase?

Time from purchase to delivery: From the time we purchased the treadmill to the time we received the treadmill, how long did it take?

Buying & Shipping Experience: Our overall score based solely upon the buying and shipping experience. This may have nothing to do with the treadmill company itself and just the shipper.

Condition of box upon arrival: Our overall score for the quality of packaging we received.

ASSEMBLY EXPERIENCE (DONE BY OUR TECH)

Assembly Experience (done by our tech): Our assembly person (Joni) is an absolute expert at putting treadmills together. The below scores are based on his experience with each treadmill.

Ease of Assembly: How challenging was the treadmill to assemble?

Time to assemble (by our expert): How long did it take to assemble the treadmill?

Quality of assembly instructions: How well were the assembly instructions written? How clear and concise were the directions?

Quality of packaging: How well was the treadmill packaged and protected?

Any adjustments needed out of box? Were there any adjustments needed out of the box (like a walking belt adjustment for slippage)?

Lubrication needed out of box? Does the treadmill manufacturer require any belt and deck lubrication out of the box?

Recommend lubrication intervals: How often does the treadmill manufacturer recommend lubrication the belt and deck?

Ease of lubricating treadmill: Since you will be lubricating the belt and deck, how challenging is this to do for each treadmill brand?

Maintenance required yearly? What type of annual maintenance is required for each treadmill?

CUSTOMER SERVICE (CS)

Customer Service (CS): Our overall customer service rating based on the criteria below

Time needed to talk to live CS person: How long did it take for a live representative to answer our phone call?

Ability for CS to answer basic questions: Did the person we talked to have a basic understanding of treadmill service or were they just reading out of a play book?

Overall attitude of CS rep: How good was the overall attitude of the customer service person we talked to?

If on site service is needed? Will the treadmill company send out a service tech if needed?

Ease of initiating on site service / labor: How easy will it be to have a service tech on site?

Ease of communicating with company: How easy is it to communicate directly with a person who works for the treadmill company?

CS based in USA? Where is the customer service team located?



GLOSSARY

IMPORTANT ITEMS

Adjustable stabilizer feet? Does the treadmill have adjustable stabilizer feet to accommodate an unlevel floor *stone / satillo / concrete etc...

Time needed to remove motor cover: How long did it take for us to remove the motor cover?

Starting Treadmill Speed: Without having to make any speed changes, what was the actual starting speed for each treadmill?

Cord length and location: What is the length of the power cord and where does it plug into the treadmill?

On / off toggle switch? Is there an on/off toggle switch to power the treadmill?

Actual length of usable belt area: How much treadmill belt area is actually exposed and available to walk on?

Entire Length of walking belt: What is the actual length of the walking belt if cut in half and laid end to end?

SOUND MEASUREMENTS

Sound Level: Our score for the overall noise level and sound of the treadmill.

General sounds of treadmill: Our overall impression of the noises the treadmill made out of the box.

Decibel Audio levels: Using an Android app, we measured the decibel level near the motor cover. Treadmills are noisier out of the box and tend to quiet down after about 50 miles.

FRAME

Folded Dimensions: What is the overall size of the treadmill when folded upright?

Assembled Dimensions: What is the overall size of the treadmill when in normal use?

N.W./G.W. (Lbs): Net weight (out of box) and gross weight (in the box)

Max User Weight: What is the maximum weight in LBS that a person can weigh and still be able to use the treadmill?

Boxed Dimensions: The overall dimensions of the shipping box?

MOTOR

Horsepower: The horsepower rating for the treadmill motor

DC/AC: Does this treadmill use DC or AC power?

Power Requirements: What are the listed power requirements for each treadmill?

DECK

Deck Coating: What type of self lubricating substance, if any, is embedded on the deck?

Deck Height (Floor to top of belt): What is the height from the top of the treadmill belt to the floor?

Deck Height Full incline (front of belt): With the treadmill inclined to the max, what is the distance from the top of the belt (nearest the front of the motor cover) to the floor?

BELT

Single Ply/2-Ply/4-Ply Orthopedic(3-Ply): What is the treadmill walking belt type or thickness?

Belt Dimensions: What is the overall size of the walking belt as claimed by the manufacturer?

ROLLERS

Diameter/Size: What is the diameter of the rear roller for each treadmill brand?

Crowned Rollers: Does the treadmill have a crowned roller for added belt guidance?

INCLINE MOTOR

Incline Motor Warranty: What is the warranty of the treadmill incline motor?

UPPER DISPLAY ELECTRONICS

Manual/Quick Start: Does this treadmill have a quick start feature?

Preset Programs: Are there built in preset programs that will automatically change speed and incline?

Custom Programs: Does this treadmill have the ability to make custom programs?

Heart Rate Programs: Are there built in heart rate programs that will alter the speed and or incline based on the user heart rate?

Cool Down Program: Is there a cool down program to safely allow the user to slow down and end a workout based on heart rate?

Fitness Test Programs: Does this treadmill have any preprogrammed, built in fitness test to determine the overall fitness ability of the user?

Wireless Heart Rate Receiver: Does this treadmill have the ability to receive a wireless heart rate signal?

Heart Rate Interactive: Does this treadmill have a heart rate receiver chip built in so the treadmill can interact and alter the intensity of the workout based on the user's current heart rate?

Wireless HR Chest Belt Included Does this treadmill come with a wireless heart rate strap included in the purchase?

Contact Heart Rate: Does this treadmill have hand held heart rate contact grips?

User Profiles: Can a user create custom user profiles and if so, how many?

Console: What special features or attributes does the upper display have?

USB Audio Speakers: Does the treadmill have built in audio speakers?

Built-in Fan: Does the treadmill have a built in fan?

Speed Range: What is the range of speed for this treadmill?

One-Touch Speed: Does this treadmill have 1 touch speed buttons to quickly jump to a new speed?

One-Touch Incline: Does this treadmill have 1 touch incline buttons to quickly jump to a new incline level?

Incline Range: What is the incline ranges for this treadmill - how many levels of adjustable incline?

Bluetooth: Does this treadmill offer Bluetooth?

MP3 Function: Does this treadmill offer MP3 Function?

BIO-MECHANICS

Shock Absorption System: What type of shock absorption system does the treadmill offer?

WARRANTY

Residential: This treadmill is warrantied for "at home / non commercial" use only.

Drive Motor: Warranty for the drive motor.

Frame: Warranty for the frame and welds.

Parts: Warranty for the parts on the treadmill, typically includes wear items as well.

Electronics: Warranty for the upper display electronics.

Labor: Warranty to cover the cost for in home service.

Commercial: This treadmill has both a residential and commercial use warranty.

Warranted max hours per day: What is the maximum time per day that this treadmill can be used and still be covered under a commercial warranty?

Drive Motor: Warranty for the drive motor.

Frame: Warranty for the frame and welds.

Parts: Warranty for the parts on the treadmill, typically includes wear items as well.

Electronics: Warranty for the upper display electronics.

Labor: Warranty to cover the cost for on-site service.

SUBSCRIPTION

Subscription: Does this treadmill offer a subscription based service?

Required: It is necessary to pay a monthly fee to access basic programs?

Cost per month: What is the cost per month for a subscription?